



Eldgja | Iceland
Eldgja Trek
Hut to Hut Trekking Tour

From \$2,784 / 4 days

[Check Availability](#)

Duration: 4 days
Season: June–September
Difficulty: Easy/Moderate
Accommodation: Mountain Huts

The Eldgjá Canyon Trek leads you through one of Iceland’s most striking volcanic regions, where every step reveals sharp contrasts in color and scale. From the geothermal energy of Landmannalaugar to the sweeping summit of Peak Sveinstindur, the landscape shifts quickly—crater lakes, black-sand plains, mossy ridges, and the enormous volcanic canyon that gives this trek its name. It’s a route shaped by fire and time, wide open and surprisingly quiet.

What makes this journey special is the sense of discovery that builds each day. The viewpoints stretch to distant glaciers, the trails feel remote yet welcoming, and the mountain huts give each evening a warm place to settle in. It’s a trek for hikers who want to experience the Highlands at their rawest—challenging enough to feel earned, but paced so you can take in the details that make this region unforgettable. This is Iceland at its most elemental, and it stays with you long after the trail ends.

Why Eldgjá Leaves Such a Lasting Impression



A journey through one of Iceland’s most powerful volcanic landscapes



Canyons, crater lakes, black-sand plains, and panoramic peaks in a single trek



A terrain shaped by fire and time – raw, vast, and quietly awe-inspiring



Full days on the move, peaceful nights in remote mountain huts beneath open skies

[Check Availability](#)

Eldgja Trek

4 days

Guided and supported 4-day Eldgjá trekking tour with luggage transfer.

This unique Highland route delivers powerful and varied scenery: beginning in the colorful geothermal area of Landmannalaugar, climbing to the sweeping views from Peak Sveinstindur, and exploring the dramatic Eldgjá volcanic canyon before descending toward Hólaskjól. You'll hike with only a light daypack while your main luggage is transferred between huts. All meals are included, making the

Day 1: Reykjavík to Landmannalaugar, Lake Langisjór and Peak

Pickup in Reykjavík and drive into the Highlands toward Landmannalaugar, a geothermal area known for its colorful rhyolite mountains and the starting point of many classic treks. We stop here to look around and, if conditions allow, take a brief warm-up walk and enjoy lunch.

From Landmannalaugar, we follow the F208 Highland track toward Lake Langisjór. At the southern end of the lake, we begin our first major hike: the ascent of Sveinstindur. The climb is steady and rewarding, offering wide views over Langisjór, the Fögrufjöll mountains, and—on clear days—several of Iceland's glaciers.

After taking in the summit panorama, we make our descent and continue along a remote trail toward a hut by the Skaftá river, where we spend our first night in the Highlands.

Included Services

Road trip to Landmannalaugar and Sveinstindur Peak • Lunch pack (day refreshment + snack) • Dinner • Hut accommodation (sleeping bag, shared space) • Luggage transport • Professional guide • Facility fee

Accommodation

This classic Icelandic mountain cabin sits just beneath the peak of Sveinstindur, offering a simple and peaceful base in the heart of the Highlands. It's a rustic, cozy retreat where hikers can unwind after a full day on the trail and enjoy the quiet of this remote landscape.



Hiking Distance:	8 km / 5 mi
Hiking Time:	4 hours
Elevation Gain:	600 m / 2,000
- Ascent	
Elevation Loss:	600 m / 2,000 ft
- Descent	

Day 2 Begins

Day 2: Sveinstindur -Skaftá River -Skælingar

After breakfast in the hut, we prepare our lunch packs and begin our trek along the banks of the Skaftá river. The trail leads us through the beautiful Hvanngil area, with narrow canyons, small waterfalls, and constantly shifting views of the surrounding Highlands.

By afternoon, we reach Skælingar, an extraordinary lava landscape formed during the Laki eruption of 1783–84. Here we find an old mustering hut once used during autumn sheep round-ups, tucked among twisted lava formations and soft moss. This "lava forest" creates an almost otherworldly atmosphere. We spend the night in the Skælingar hut.

Included Services

Breakfast • Lunch pack (refreshment + snack) • Dinner • Hut accommodation (sleeping bag, shared space) • Luggage transport • Professional guide • Facility fee

Accommodation

Skælingar Hut sits deep in one of Iceland's most dramatic lava landscapes, surrounded by twisted formations created during the historic Laki eruption. It's a remote, atmospheric place that feels truly connected to the Highlands—quiet, rugged, and full of character.



Hiking Distance:	18 km / 11 mi
Hiking Time:	7 - 8 hours
Elevation Gain:	250 m / 820 ft 600
- Ascent	
Elevation Loss:	450 m / 1,476 ft
- Descent	

Eldgja Trek

4 days

Day 3: Skælingar - Peak Gjátindur - Eldgjá Canyon - Hólaskjól

Today we make our way toward the striking mountain Gjátindur. A steady climb leads us to wide, sweeping views over the Highlands and the immense Eldgjá fissure—a volcanic canyon nearly 70 km long, created by a major eruption in 934 AD.

From the Gjátindur area, we descend toward Eldgjá and spend time at the beautiful waterfall Ófærufoss, where layered cascades drop gracefully into the canyon floor. The trail then continues to Hólaskjól Highland Center, where a more comfortable hut, hot showers, and a cozy common area await us for our final night on the trek.

Included Services

Breakfast • Lunch pack (refreshment + snack) • Dinner • Hut accommodation (sleeping bag, shared space) • Luggage transport • Professional guide • Facility fee

Accommodation

Hólaskjól Highlands Center offers a comfortable and welcoming place to spend your final night in the Highlands. Set at the edge of dramatic lava formations and waterfalls, it feels both remote and cozy—an easy spot to relax and reflect on the journey.



Hiking Distance: 18 km / 11 mi
Hiking Time: 7 - 8 hours
Elevation Gain: 500 m / 1,640 ft
- Ascent
Elevation Loss: 650 m / 2,133 ft
- Descent

Day 4 Begins

Day 4: Hidden Waterfall Walk - South Coast - Reykjavík

In the morning, we take a gentle walk from Hólaskjól to a beautiful hidden waterfall — a peaceful farewell to the Highlands and a moment to absorb the stillness before heading back toward the lowlands. After the walk, we begin our drive out to Route 1 on the South Coast. The day includes a lunch stop in the charming town of Vík, followed by visits to the dramatic Black Sand Beach and the graceful Seljalandsfoss waterfall. It's a relaxed and scenic journey that eases us back toward Reykjavík, where we arrive in the evening.

Included Services

Breakfast • Lunch pack (refreshment + snack) • Luggage transport • Professional guide • Facility fee

Accommodation

Skælingar Hut sits deep in one of Iceland's most dramatic lava landscapes, surrounded by twisted formations created during the historic Laki eruption. It's a remote, atmospheric place that feels truly connected to the Highlands—quiet, rugged, and full of character.



Hiking Distance: 3 km / 2 mi
Hiking Time: 1.5 hours
Elevation Gain: 100 m / 330 ft
- Ascent
Elevation Loss: - Descent

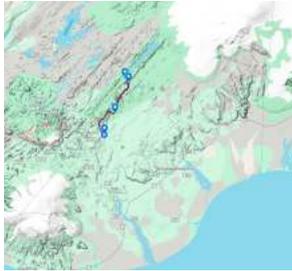
Eldgja Trek

4 days

Thank you for trekking with us through one of Iceland's most powerful and unforgettable regions. From colorful geothermal valleys to sweeping canyon vistas, each day offered new contrasts and fresh perspectives. We hope these memories stay with you long after your boots come off, reminding you of the vast quiet of the Highlands, the camaraderie on the trail, and the sense of accomplishment that comes from moving through such raw, beautiful terrain. Until we meet again on another adventure, thank you for sharing this journey with us.



Included Services



Scan to
Access Your
Journey

To view a map of
the trek, simply
click this link below

https://www.google.com/maps/d/edit?mid=1YDN8gb2D2pokWVUhbXZsEqx6fb3MIUY&usp=drive_link

Hiking Distance:

Hiking Time:

Elevation Gain:

- Ascent

Elevation Loss:

- Descent

Discover More of Our Most Popular Tours



\$ 2,440



INQUIRE



INQUIRE



CHECK AVAILABILITY

Laugavegur Trek

Five-day trek on the iconic Laugavegur Trail, from Landmannalaugar to Þórsmörk

5 Days Hard

Reykjavik

Small Group

LEARN MORE

LANDMANNALAUGAR

Superjeep sightseeing tour with trekking to Eldgjá canyon and Landmannalaugar

1 Day Easy

Reykjavik

Private/On Request

LEARN MORE

Tailor made Privat Tour

Custom-made Super Jeep tour along the South Coast and/or into the Icelandic Highlands.

1 Day+ Easy

Reykjavik

Private/On Request

LEARN MORE

NORTHERN LIGHTS

Northern Lights tours are available on scheduled departures or by request,

Sep-Apr Easy

Reykjavik

Scheduled/On Request

LEARN MORE

STAYING IN THE HIGHLANDS

RUSTIC ACCOMMODATION & HEARTY MEALS WITH HIGHLANDS CHARME

Rustic Mountain Huts



Our Laugavegur adventure blends the comfort of mountain huts with the rugged beauty of the Icelandic Highlands. Each hut is heated and offers simple, dorm-style sleeping arrangements with shared rooms featuring bunk beds or communal platforms with mattresses. In some huts, mattresses may be double-width, so sleeping close to a fellow traveler is part of the experience. The atmosphere is friendly and communal—perfect for unwinding together after a day on the trail.

Some huts offer electricity and hot water, but there are no personal charging stations, so bringing a power bank is essential. All huts and campsites have bathroom facilities, and hot showers are available for a small fee paid directly to the warden. Bathrooms include toilet paper and hand soap, but trekkers should pack their own toiletries such as shampoo, towels, and washcloths.

FRESH, HEARTY MEALS TO FUEL YOUR JOURNEY.

Eating on the Trail

Meals are a shared experience on this tour. Trekkers, guides, and the team prepare food together, creating a relaxed atmosphere where it's easy to connect with others after a day on the trail.

If you follow a specific diet—vegetarian, pescatarian, vegan, gluten-free, or anything else—we can arrange suitable options for a small additional cost. Ordering the supplement helps the guides plan well and ensures everyone enjoys meals that fit their needs. Just let us know your dietary requirements at checkout so we can prepare in advance.

Please bring a reusable water bottle. You can fill it at the huts and campsites, where the tap water is clean and safe to drink.

There are also fresh mountain streams along the way that many hikers use to top up their water during the day.



MEET OUR (YOUR) GUIDES

LOCAL EXPERTS WHO BRING THE TRAIL TO LIFE WITH GUIDANCE YOU CAN TRUST EVERY STEP OF THE WAY

Your Expert on the Trail



Our guides are the heart of this adventure. They know the Highlands inside and out and bring the landscape to life with stories, local insight, and a deep respect for the trail. Their focus is always on your safety, comfort, and experience. They set the pace, keep the group supported, and make sure everyone feels included—whether you're a seasoned hiker or experiencing Iceland's wilderness for the first time.

Along the way, they help with route decisions, river crossings, weather assessments, and daily planning, so you can simply enjoy the walk. They also create a welcoming atmosphere in the huts, help with meals, and encourage a sense of community within the group.

With their calm leadership and genuine enthusiasm, our guides turn a beautiful trek into an unforgettable journey.

REVIEWS FROM OUR TREKKERS

WHY GUESTS LOVE TREKKING WITH US

Real stories from real travelers

We often hear the same themes from our trekkers, and their words have become part of our story. Guests tell us how the Highlands surprised them—how the colors of Landmannalaugar felt unreal, how the silence along the trail stayed with them long after the hike was over, and how arriving in Þórsmörk felt like stepping into another world. Many share that they felt supported from the moment they met their guide, especially during river crossings or steep sections where steady leadership makes all the difference.

We're told that the huts felt friendlier than expected, that meals brought everyone together, and that the camaraderie became one of the best parts of the experience. Over and over, guests say the same thing: this trek wasn't just a hike—it was a journey that left them inspired, confident, and grateful to have shared the trail with others.





GOOD TO KNOW BEFORE YOU

HELPFUL DETAILS TO MAKE YOUR TREK SMOOTH AND ENJOYABLE

What's Included

Your journey is supported from the moment we meet.

Here's what you can count on:

- A knowledgeable, English-speaking local guide who knows the Highlands inside and out
- Multi-day trekking adventure with overnight stays in mountain huts and/or hotels (per itinerary)

- All accommodations during the tour
- Most meals on the trail, plus refreshments as noted
- Full access to cooking and kitchen equipment
- Transportation from Reykjavík to the trail and back
- Any transport needed during the tour
- All safety gear required for the journey
- Daily luggage transfer between huts

Rental Gear we can supply upon your arrival

- Hiking boots, poles, waterproof layers
- Sleeping bag rental
- Supplements for special dietary needs

Contact us for a full list of equipment available for rent.

What's not Included

Please plan for the following personal expenses:

- Flights to and from Iceland
- Pre- and post-tour accommodations
- Any meals not listed in the daily itinerary
- Personal hiking gear and sleeping bag (rentals available)
- Showers in the huts (approximately 1,000 ISK, paid on-site)
- Travel or medical insurance (recommended)
- Gratuities for guides
- Airport Transfers and Optional add-ons





Fitness Level & Daily Expectations

Your journey is supported from the moment we meet.

This trek covers multiple full days in varied terrain, so good physical fitness is important. Expect 3–8 hours of hiking per day with changes in elevation and volcanic surfaces underfoot. If you enjoy active days and steady challenges, you'll find this adventure deeply rewarding.

You'll only carry a light daypack with essentials—lunch, water, rain gear, river-crossing shoes, medication, and items needed for the day. Your main bag is moved each afternoon to your overnight hut.

For those who book a glacier hike, no prior experience is needed.

Your guide will show you how to use crampons, a harness, and an ice axe, and will lead the group at a comfortable, steady pace.

Group Size & Age Requirements

Groups are intentionally kept small—usually **6–16 hikers**—to ensure a comfortable pace and personal connection with your guide.

Accommodation in huts is always shared. Hotel nights (when included) are based on double occupancy, with single rooms available for an extra fee.

Minimum age is **18**, but teens **15+** may join with a parent or guardian on a case-by-case basis. Please reach out if traveling with someone under 18 so we can make arrangements.

Solo Travelers Welcome

Solo hikers fit naturally into our groups and are always welcome. Many of our guests join on their own and quickly connect with others on the trail. There's no extra charge for sharing a hut room, and you'll be part of a friendly, encouraging group from day one. If your itinerary includes a hotel night, single rooms can often be arranged for an added supplement, depending on availability. It's a great option for anyone who enjoys a little extra privacy before or after the trekking days.



Supported Trek / Luggage Transfer

Your main luggage is transported for you, making the hike more comfortable and allowing you to enjoy the trail with a light daypack. You'll only carry the essentials for the day—lunch, water, medication, sunglasses, river-crossing shoes, rain gear, and any extra layers you may need.



What to Bring

Clothing & Footwear

Bring comfortable, weather-ready layers that dry quickly and keep you warm:

- Waterproof hiking boots with solid ankle support
- Shoes for river crossings (sandals or old running shoes + warm socks)
- Waterproof, breathable jacket with hood
- Insulating jacket or warm layer

- Fleece or light wool mid-layer
- Long-sleeve shirts
- Quick-dry T-shirts (avoid cotton)
- Soft-shell hiking pants
- Waterproof rain pants
- Hat, gloves (two weights), sunhat
- Thermal base layers
- Wool or synthetic socks
- Comfortable clothes and shoes for the huts
- Swimwear for geothermal baths
- Gaiters (optional)

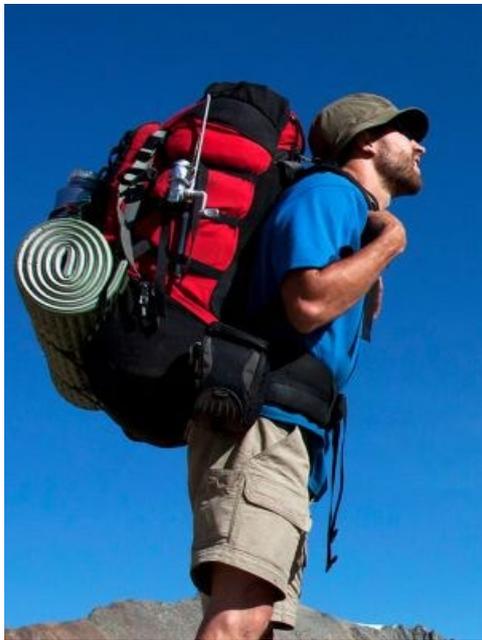
Packing Notes

Iceland's weather can change within minutes. Dressing in layers is the best way to stay comfortable—start with a light wool base, add insulation, and finish with a waterproof outer shell.

Luggage space is limited, so keep your main bag to **one duffel up to 20 kg**. If you need to store extra luggage, you'll find lockers at the BSI Bus Terminal in Reykjavík.

For glacier days, all technical gear (helmet, harness, crampons, ice axe) is provided. Minimum boot size for crampons is EU 35.

Notes:



...What to Bring

Gear & Personal Items

- Waterproof duffel for overnight gear (up to 20 kg)
 - Daypack (25–40 L)
 - Sleeping bag
 - Travel pillow
 - Small sit-pad (optional)
 - Hiking poles (optional but useful)
-
- Lightweight towel
 - Water bottle or hydration bladder (2 L)
 - Lunch box
 - Pocket knife
 - Headlamp
 - Sunglasses
 - Toiletries and personal medication
 - Earplugs
 - Portable power bank
 - Dry bags for electronics
 - Camera (always recommended)
 - A small treat or aperitif for the evenings (alcohol cannot be purchased in huts)

Notes:



Getting Here & Meeting Point

Most travelers arrive through **Keflavík International Airport (KEF)**. From there, it's a 45-minute transfer into Reykjavík by shuttle or taxi.

We strongly recommend flying in **the day before the trek**. Early-morning arrivals from North America can technically make the meeting time, but delays could cause you to miss the tour departure.

Your meeting point depends on the itinerary—it may be Reykjavík City Hall, Hallgrímskirkja, or the Reykjavík Campsite. Departure is usually between **7:00–7:30 AM**. After check-in with your guide, a scenic drive brings you straight into the Highlands to begin your journey.

Safety & Peace of Mind

Your safety is always our priority, and we want you to feel fully supported before and during your adventure. We strongly encourage all travelers to carry both travel and medical insurance. It's the best way to protect yourself in case of unexpected changes, illness, or delays.

For those looking for a simple option designed specifically for adventure travel, Redpoint offers coverage that works well for remote areas like the Highlands. Their plans include trip interruption, medical assistance, evacuation, and other protections that give you confidence while exploring Iceland's wilderness. Once your booking is confirmed, you'll have the opportunity to review and purchase their coverage if you choose. And of course, if you have questions, we're here to help.

About Volcanic Activity in Iceland

Iceland is known for its volcanic landscape—it's part of what makes the country so unique. Eruptions happen from time to time and are closely monitored by experts. We understand that news reports can raise concerns, so here's what you need to know from our local team on the ground:

- **Flights continue to operate normally.** International and domestic airports are open and running on schedule.
- **Recent eruptions have been very localized.** Services across the country, including in Reykjavík, are operating as usual.
- **Our tours take place far from active areas.** The regions we visit are unaffected and remain safe for travel.
- **Local authorities and guides monitor conditions constantly.** If anything were to impact your tour, we would update you immediately.

Travelers often tell us that understanding the situation clearly helps them feel at ease—and Iceland remains one of the safest adventure destinations in the world.

If you'd like more information, feel free to reach out. You can also visit official sites like Visit Iceland or the Icelandic Meteorological Office for daily updates.